



ALLORAH'S INSIGHTS

February 20, 2011

Henry Ford said “whether you think that you can, or that you can’t, you are usually right.” I believe that what he meant in saying this is that we ultimately determine our outcome. Whether you know it or not, the messages in our environment and how we relate to those messages determine what our life looks like. The words we use and think have very powerful influence upon what we create and how we create it. This is true even if you never say the words out loud and is especially powerful (often destructively) when the words are running silently in the background of your mind or psyche. If there are messages and memories in our internal computer that are in conflict with what we think we want or deserve we are likely to manifest out of alignment with our true spiritual nature. This is one reason why we meet so many obstacles on the path to fulfillment.

In addition to the “obvious” ways this is true, it is important to acknowledge that what we choose to create may be the result of our programmed habitual thoughts precisely because we are programmed by our internal words to accept a thing as good or bad, right or wrong. These judgments determine whether or not we can give ourselves permission to pursue or not pursue: to succeed or not succeed.

Time is another a challenge with regard to our choosing what we will pursue or not pursue. We tend to get very invested in how long it will take for something to show up in our world. The concept “not in your time but in God’s time” has frustrated and discouraged many who are hoping for a specific manifestation, in a certain way and at a certain time. I believe that we succumb to discouragement because we’ve forgotten the point of the pursuit; and, we also misunderstand the essential nature of the process. When we find that the gestation process to manifesting our heart’s desires is slow, we question our faith, our determination, our perspective and more. We want to give up and we can feel like a victim of fate. We can find ourselves blaming some outside force for our misfortune and apparent failure to achieve our goal. Often we blame God or reconcile ourselves with the idea that our life and our success is out of our hands and that we are at the mercy of some detached deity. It is never truly an issue of us waiting for God’s time, but rather God working within the confines of our timing, our consciousness and our readiness. I mean our true readiness rather than when we think we are ready. The great news is that we are never powerless. As I typed the last sentence, I was reminded of the Popeye the Sailor. The analogy Spirit asks me to make is that we must awaken the God within. In the cartoons, Popeye reawakened his divine essence by eating spinach. I am always struck by the fact that Popeye always waited until he was in dire trouble to pop open

the spinach. But then, we are all like that. Like Popeye, most of us only invoke our divine nature when the chips are down. And, like Popeye, we are totally capable of invoking our divine essence each and every day for every little task. In doing so, we invoke our free will for our best and then because we have allowed Him to, God manages to put all of our readiness together to create miracles.

What we generally fail to understand is, that the process of manifestation (the cycle of desire and fulfillment), is part of the grand plan toward our growth and evolution. At the mundane level, our desires exist to propel us toward a goal; at the karmic level these desires exist to propel us toward our reunion with our divine nature. As we travel on the path toward our goals, we are presented with circumstances and situations that stimulate the places inside ourselves that require re-evaluation and transmutation so that we are in alignment with the goal; and ultimately, so that we are in more perfect union with our divinity. Sometimes the changes that occur as a result of addressing what is presented to us while we are on the path, shift us in such a way that we change what we desire because we have come into closer alignment with our divinity. This sometimes hinders us from taking the steps toward a goal because we intuitively know that the goal is not in alignment with our pure essence.

For example, perhaps you are in a relationship that is toxic and miserable. The guidance you receive with regard to making the relationship work is to work on yourself. You refuse to do so because you know without a shadow of doubt that the relationship is not in alignment with your highest and best good; and, your ego wants the relationship to remain in your current experience.

A friend of mine says “when it becomes uncomfortable enough, a person will choose to change.” We each have “specific” thresholds of tolerance for discomfort and for comfort. As we go through life the balance between our tolerance for comfort and discomfort shifts. Our changing perception of what we can and will tolerate changes our understanding of what we think can or cannot accomplish. I hope the changes in your world lead you to accept the abundant blessings you desire in your heart of hearts.

Namaste,
Allorah